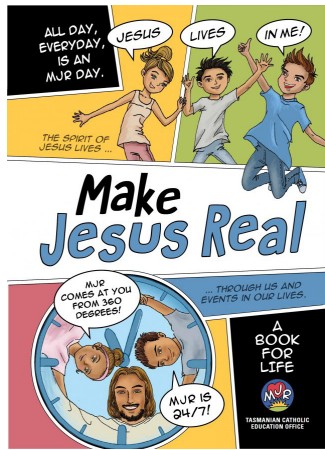


ATTITUDE



pages
8, 12, 32
(negative attitude)
99
(Christ values)

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YOU ARE IN CHARGE OF YOUR ATTITUDE TO LIFE ...



ACTIVITY

What can you see in their body language?

NEGATIVE ATTITUDE ...

There are days when most of us are negative to people we meet or events that we have to go to. We find it difficult to be positive all the time.

However if we are not careful we can fall into being a negative thinking person, without even realising that we are.

By being negative you are making life more difficult for yourself. There are two ways of making that statement a little clearer.

1. It can be likened to riding a bike uphill with the handbrake on, or
2. Going on a journey with two bricks in your backpack – it drags you down.

Here are some obvious signs:

1. Moaning and groaning constantly
2. Sulking – can't take criticism or correction
3. Always blaming others – never your fault
4. Can't say sorry – because you are never in the wrong
5. Putting people down constantly
6. Aggressive speech
7. Bullying
8. WIIFM (What's In It For Me)
9. Attention seeking behaviour
10. Poor body language



REFLECTION

ATTITUDES ARE CONTAGIOUS ...

ACTIVITY

IS YOURS WORTH CATCHING?

GOOD MORNING MONDAY

THANKING TUESDAY

WINKING WEDNESDAY

THUMBS UP THURSDAY

HIGH FIVE FRIDAY

SMILING SATURDAY

SERVING SUNDAY

CLASS CHALLENGE

If your attitude is positive, you can spread this through your school to everyone!

CHRIST VALUES ...

"Never see a need without doing something about it."

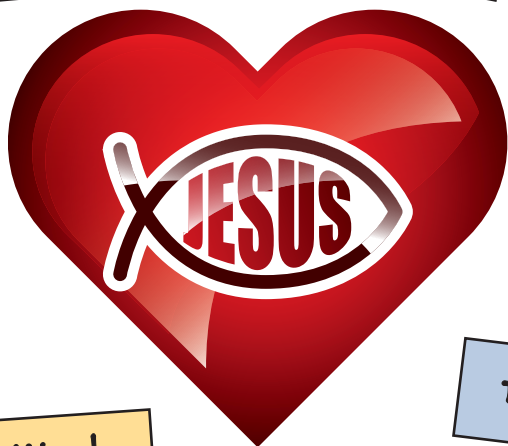
St Mary of the Cross MacKillop

generosity

patience

encouragement

kindness



cheerfulness

friendliness

forgiveness

gratitude

How many of these qualities are Christ Values that he showed us himself or told stories of in the Gospels? Jesus mainly taught by telling stories – whiteboards, photocopiers or computers weren't in.

REFLECTION
